



**PRESS CONTACT:**

Michael Crotty

[mcrotty@hancockshakervillage.org](mailto:mcrotty@hancockshakervillage.org)

817-821-4062

**Goat Yoga Returns to Hancock Shaker Village**

(Hancock, MA, July 18, 2023) – Back by popular demand, Goat Yoga at Hancock Shaker Village is available every weekend through September 16, sponsored exclusively by MountainOne Bank.

Join the herd! Classes are held each Saturday at 10:00 am on the lawn in front of the iconic Round Stone Barn as goats graze between your mats. Surrounded by breathtaking views of the Berkshire countryside, this offers a truly unique experience for any yoga enthusiast. Sessions are led again by our popular instructor whose familiarity with the Village, the goats, and our visitors ensures an experience to remember.

This year marks the seventh consecutive season following another sold-out year. Goat Yoga at Hancock Shaker Village is now an established part of every Berkshire summer season, drawing participants from the immediate Pittsfield community and further afield, given its unique, fun appeal.

“Last year, nearly 2500 people participated, so we decided to double the number of classes for a total of sixteen sessions, and all made possible by the generous support of MountainOne”, says Nathaniel Silver, executive director of Hancock Shaker Village. “I can’t imagine a better mascot for Goat Yoga than MountainOne’s very own Spokesgoat, Mo! We are thrilled to partner with MountainOne on this beloved annual event, one of our most popular programs of the summer season.”

**About MountainOne:**

MountainOne Bank serves the Berkshires and Boston’s South Shore with offices in North Adams, Williamstown, Pittsfield, Quincy, Rockland, and Scituate, MA. A proud corporate citizen, MountainOne is committed to serving the many needs of its community through a complete array of personal and business financial services, as well as through financial literacy, volunteerism, charitable giving and sponsorships. We are especially proud to support organizations like Hancock Shaker Village, a living history museum in the Berkshires of western Massachusetts.

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